

Diaper Bag Checklist

Essential diaper bag items

- Changing pad
- Diapers
- Wipes (for baby)
- Diaper cream
- Spare outfit
- Bib and burp cloth
- Pod, clip, and pacifier
- Bottle
- Formula
- Distractions
- Wipes (for you)
- Medicines
- Disposable placemats
- Grocery bags

Optional items based on child's age

- Blankets
- Swimsuits
- Socks
- Sunscreen
- Coloring books and crayons
- Tablets, e-readers, handheld games, etc. (for going places with a long wait)
- Hats/sunglasses
- Sippy cups, snacks/baby food
- Hand sanitizer, lotion/lip balm
- Nursing cover
- Water bottle
- Camera/video camera