



## Meal Planning Theme Ideas

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### Classic

- Beef
- Chicken
- Country Cookin'
- Fish
- Instant Dinner/TV Dinner
- Pasta/Noodles
- Pizza
- Rice
- Sandwiches/Wraps/Paninis/Calzones
- Take-Out/Dine Out

### Fun

- Appetizers for Entrees
- Backwards Meal (Dessert First)
- Build-it-Yourself
- Breakfast for Dinner
- Color Meal (Red, Green, etc...)
- Dad Cooks/Mom Cooks
- Date Night
- From Grandma's Cookbook
- Finger Foods
- Food Shapes (Circle, Square, etc...)
- Football Food
- Kids Cook/Kids Choice
- Meal on a Stick/Kabobs
- Something New
- Wild Card

### Outdoors

- Beef
- Chicken
- Picnic (Can Be Inside)

### International

- American
- Asian/Chinese/Thai/Japanese
- Cajun
- Hawaiian
- Indian
- Italian
- Mexican/Tex-Mex

### Vegetarian

- Entree Salad
- Meatless Meal
- Raw Foods

### Quick & Easy

- Casserole
- Crockpot Meal
- Freezer Meal
- Leftovers
- One-Pot Meal
- Soup/Stew/Chili