DUMMIES A Wiley Brand

Common (and Not So Common) Dreams Decoded

	Physical	Emotional	Mental-Spiritual
Airplane/Airport	Taking off shows a venture is ready to occur. Landing signifies bringing ideas back into your life. Missing a plane means missing an opportunity.	Flying a plane when you don't know how indicates you're reaching for heights you haven't attained before and are anxious.	You're focusing on rising above challenges and getting perspective. A plane crash signals the end of your involvement with a series of beliefs.
Bathroom/Bathing	You need to purify, renew, or cleanse yourself, care for your body, or eliminate toxins or tension.	An overflowing tub shows emotional flooding and feeling overwhelmed.	Toilets indicate the elimination of old ideas. You are entering a period of spiritual rebirth.
Computer/Laptop	You need to get out more, vary your routine, and be more sensual.	If you lose your laptop, examine your dependency on external systems. Having a virus or being hacked means you feel at the mercy of another.	You're looking at how your mind works. If the computer crashes, you are overloaded and need to take a break from being so mental.
Kill	You're trying to get rid of an unwanted part of yourself or an issue that's causing great distress. Killing small animals can refer to abortion.	Killing in self-defense means standing up for yourself. Killing someone you know means you're worried you've hurt the person through actions you've taken.	Your motivation has been killed by some idea or has simply died. You are experiencing loss of identity.
Mirror	Your appearance indicates the way you think you look to others or something you need to admit to yourself.	A fogged mirror means questions about goals, identity, and purpose. A cracked mirror means a fragmented personality. Breaking a mirror means shattering an old image of yourself or ending an old habit.	You're focusing on your imagination. If you're looking through a two- way mirror, you're seeing the hidden dynamics of an issue that concerns you.
Milk	You're focusing on deep inner nourishment, maternal instincts, and human kindness. To spill milk means a loss of faith, precious resources, opportunity, and trust.	You need to receive or give love and care and strengthen ties with others. Sour milk means you feel deprived of nurturing. Choking on milk means you feel overprotected.	Warm milk means you are relaxing and centering yourself.
Underwear	Something you normally keep hidden is being revealed, or layers are being peeled away concerning some person or issue.	Being in your underwear in public indicates you feel vulnerable or embarrassed. You're hesitating to reveal true feelings or are experiencing unwanted intimacy.	You're getting down to the essence of an issue, overcoming distractions and illusions.
Wallet/Purse	You are focusing on your personal identity, financial resources, and the things you consider necessary for survival in the world.	Losing a purse or wallet means you aren't paying attention to what's valuable, or you are too attached to security, definitions, and habits.	Losing your wallet means you need to let go of an aspect of your identity and refocus on who you really are underneath.