

MY GOALS

S.M.A.R.T.: Specific, Measurable, Attainable, Relevant, Time Bound
 Categories: Personal, Professional, Financial, Spiritual, Emotional, Physical

Goal	I WILL	Category	S.M.A.R.T.	"Mile Marker" DATES			
				25%	50%	75%	ACCOMPLISHED!
EX	I WILL increase my sales by \$25,000/month BY December 31.	Professional	✓	April 1, 2015	July 1, 2015	October 1, 2015	December 31, 2015
1							
2							
3							
4							
5							
6							